



**RICHARD WAKEFIELD C.E.  
PRIMARY**

**A de Ferrers Trust Academy**

**Anti-Bullying – Child Friendly Policy**

(updated by Pupil Leadership Team/School Council)

January 2020

To be reviewed at least annually  
Review date: December 2020

## If you are bullied:-

### DO:-

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Use the worry box if you are too scared to speak openly about it.
- Talk to a School buddy or a friend.
- TELL SOMEONE YOU TRUST.



### DON'T:-

- Do what they say.
- Get angry or look upset.
- Hit them/retaliate.
- Think it's your fault.
- Hide it.

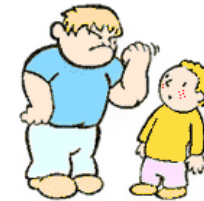
## What should I do if I see someone else is being bullied?

- Don't walk away and ignore the bullying
- Let the bully know what is happening
- Tell the bully to stop if it is safe to do so.
- Don't stay silent or the bullying will keep happening

### The Head, the Local Governors, the staff and the Anti-bullying Team will work together to:-

- Help the victim and the bully
- Make our school a place where everyone can feel safe and happy. That means no bullying allowed.
- Help everyone to get on with each other. We believe that everyone has the right to be who they are.

## Richard Wakefield C.E. Primary Academy



## Child Friendly Anti-Bullying Policy

### PLT – 'What bullying is'

*'Bullying is where someone continuously has hurt someone or some people by being mean and unkind to them – either by hurting with actions or words'*

The PLT came up with ways to deal with bullying.

- Walk away and ignore.
- Try to stick up for yourself but don't shout or hit back.
- Talk to your friends to get help.
- Talk to an adult – your parents or an adult in school you trust.

## What is Bullying?

In our school a bully is someone who hurts someone more than once, by using behaviour which is meant to hurt, frighten or upset another person.



**Bullying Can be.....**

**Emotional:** Hurting people's feelings, leaving you out.

**Physical:** Punching, kicking, spitting hitting, pushing.

**Verbal:** Being teased, name calling.

**Racist:** Calling you racist names.

**Cyber:** saying unkind things by text, email and msn messenger.

## When is it bullying?

**Several**

**Times**

**On**

**Purpose**



**We promise to always treat bullying seriously.**

## Who can I tell?

A Friend

Mum/Dad

Teachers

School Buddies

Lunch time Staff

Any Other Adult

**MOST IMPORTANTLY:-**

If you are being bullied:

**Start Telling Other People!**

